# MAY 2023 Bearcat Breakfast K-12<sup>th</sup> Grade

	No Breakfast served on delay days			
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Banana Chocolate Chunk,     Oatmeal Chocolate Chip or     French Toast Bar-48     Juice/Fruit     Milk	2 Breakfast Uncrustable-16 Juice/Fruit Milk	3 Warm Glazed Donut-35	4 Grape or Chocolate Cresent Stick-36 Juice/Fruit Milk	5 Egg, Cheese & Sausage Breakfast Bagel-23 Juice/Fruit Milk
8 Banana Chocolate Chunk, Oatmeal Chocolate Chip or French Toast Bar-48 Juice/Fruit Milk	9 K-4: Pop Tarts-36 5-12: Biscuit-24 w/Gravy-4 Juice/Fruit Milk	10 Warm Glazed Donut-35 <b>⑤</b> Juice/Fruit Milk	11 K-4: Pop Tarts-36 5-12:Warm Cinnamon Breakfast Cookie-44 Juice/Fruit Milk	1 2Breakfast Uncrustable-16 Juice/Fruit Milk
1 Banana Chocolate Chunk, Oatmeal Chocolate Chip or French Toast Bar-48 Juice/Fruit Milk	16 reakfast Uncrustable-16 Juice/Fruit Milk	17 Warm Glazed Donut-35 <b>⑤</b> Juice/Fruit Milk	18 Fruit Strudel or Cresent Stick-36 Juice/Fruit Milk	19Egg, Cheese & Sausage Breakfast Bagel-23 Juice/Fruit Milk
Banana Chocolate Chunk, Oatmeal Chocolate Chip or French Toast Bar-48 Juice/Fruit Milk	23 K-4: Pop Tarts-36 5-12: Biscuit-24 w/Gravy-4 Juice/Fruit Milk	24 Warm Glazed Donut-35 Juice/Fruit Milk	25 Cook Choice Assorted Breakfast Juice/Fruit Milk	26 Cook Choice Assorted Breakfast Juice/Fruit Milk
No School	Cook Choice Assorted Breakfast Juice/Fruit Milk	31 Cook Choice Assorted Breakfast Juice/Fruit Milk	1 Cook Choice Assorted Breakfast Juice/Fruit Milk	2 Enjoy your Summer!

## <u>K-4</u>: \$1.35 <u>5-12</u>: \$1.45 <u>Reduced</u>: \$.30 <u>Extra Milk</u> \$.75

\*2<sup>nd</sup> Choice Entrée and extra fruit offered daily \*Cheese stick offered daily for 5-12<sup>th</sup>grade

No Charging allowed for Breakfast

Menu subject to change

Carb counts included on menu beside the entrée.

Milk: Choc-20, Wh-13 Juice-15, Fruit-16

#### Fruit- Fresh

Apple-19 Banana-27 Orange-21 Grapes-25 Pear-22 Melons-9

#### Fruit-Canned

Peaches-14 Pears-16 Mx Fruit-16
Pineapple-19 Juice-15 Craisins-27
Applesauce-20 Raisins-27 Blueberries-11
Peach Crumble-20 Warm Apples-20

### Fruit- Frozen

Frozen Slush Cups/Pouches-25 Frozen Strawberry or Peach Cup-20

This institution is an equal opportunity provider.



Free & Reduced Application are available on school's web site or by 419-647-4111 ext.3206. You may apply anytime throughout the year

Serving Up...Bearcat Pride!!